

	 MONDAY	TUESDAY	WEDNESDAY	 THURSDAY	FRIDAY
WEEK 1	Spaghetti Vegetable Bolognese 1.1g Shepherdess Pie 3.1g	Turkey & Ham Pie 1 Cheese, Tomato & Herb Penne 1.7 v	Roast Turkey & Gravy Bean & Sweet Potato Parcel 1.1g	Chicken Curry Cheese & Broccoli Penne 1.7 v	Fish Fingers 1.8 Mixed Vegetable Cous Cous 1 v
1st November	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9
29th November	Sweetcorn Peppers, Green Beans	New Potatoes, Peas Seasonal Vegetables	Mashed Potatoes, Broccoli Diced Swede	Rice, Sliced Carrots Green Beans	Chips, Baked Beans Peas, Cucumber Sticks
10th January	Chocolate Mousse 7	Ice Cream 7	Mandarin Drizzle Cake 1.9	Chocolate Swirls 1.7	Sunshine Bar 1.6, 15, 16
7th February	Mr Nourish Biscuit 1	Mr Nourish Biscuit 1	Mr Nourish Biscuit 1	Fruit Pots	Fruit Pots
14th March	Fruit Pots	Fruit Pots	Fruit Pots, Yoghurt 7	Yoghurt 7	Yoghurt 7
WEEK 2	Macaroni Cheese 1.7 v Rice & Bean Burrito with Baked Wedges 1.1g	Homemade Sausage Roll 1.6 Vegan Sausage Roll 1.1g	Roast Chicken & Gravy Vegetable Frittata 7.9 v	Mild Mexican Mince 4 Cheese & Broccoli Twists 1.7 v	Salmon Risotto 8 Margherita Pizza 1.3, 7.9 v
8th November	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9
6th December	Seasonal Vegetables Green Beans	Mashed Potato, Cabbage Baked Beans	Rustic Roast Potatoes Broccoli, Sweetcorn	Rice, Cauliflower Carrots	Chips, Baked Beans Peas, Coleslaw 9
17th January	Ice Cream 7	Banana Loaf 1.9 & Chocolate Custard 7	Crispy Cake 7.16	Fruit Salad	Fruity Flapjack 1.15
21st February	Mr Nourish Biscuit 1	Mr Nourish Biscuit 1	Mr Nourish Biscuit 1	Yoghurt 7	Fruit Pots
21st March	Fruit Pots	Fruit Pots	Fruit Pots, Yoghurt 7		Yoghurt 7
WEEK 3	Sweet & Sour Vegetables & Noodles 1.3, 9, 16 v Cauliflower & Chick Pea Curry & Rice 1g	Beef Stew & Dumpling 1 Cheese & Tomato Pasta Bake 1.7 v	Roast Gammon & Gravy Vegetable Wellington 1.1g	Chicken Pie 1 Tomato & Sweetcorn Penne 1.1g	Fish Fingers 1.8 Cheese & Onion Pinwheel 1.7 v
15th November	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9
13th December	Baked Wedges, Green Beans Seasonal Vegetables	Broccoli, Diced Swede	Rustic Roast Potatoes Diced Carrots, Cabbage	New Potatoes, Sweetcorn Cauliflower, Green Beans	Chips, Baked Beans Peas, Carrot Sticks
24th January	Peaches & Custard 7	Vanilla Sponge 1.9 & Custard 7	Fruit Jelly	Apple & Sultana Bun 1.3, 7.9	Oaty Biscuit 1.15
28th February	Mr Nourish Biscuit 1	Mr Nourish Biscuit 1	Mr Nourish Biscuit 1	Fruit Pots	Fruit Pots
28th March	Fruit Pots	Fruit Pots	Fruit Pots, Yoghurt 7	Yoghurt 7	Yoghurt 7
WEEK 4	Margherita Pizza 1.3, 7.9 v Tofu Biryani 3.1g	Cottage Pie Pesto Bows 1.7 v	Roast Chicken & Gravy Vegan Mince Puff 1.3.1g	Penne Bolognese 1 Cheesy Cajun Wedges 4.7 v	Battered Fish 1.7.8 Stuffed Sweet Potato 7 v
22nd November	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9	Jacket Potatoes with a Choice of Toppings 7.8.9
3rd January	Peas, Sweetcorn Peppers	Cauliflower, Peas	Rustic Roast Potatoes Broccoli, Sliced Carrots	Seasonal Vegetables Green Beans	Chips, Baked Beans Peas, Coleslaw 9
31st January	Strawberry Whip 7	Apple Crumble 1 & Custard 7	Fruit Jelly	Fruit Salad	Ginger Cookie 1.15
7th March	Mr Nourish Biscuit 1	Mr Nourish Biscuit 1	Mr Nourish Biscuit 1	Yoghurt 7	Fruit Pots
	Fruit Pots	Fruit Pots	Fruit Pots, Yoghurt 7		Yoghurt 7

Dishes marked with any of the following numbers contain the matching allergen:

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

Key:
Vg Vegan
V Vegetarian

Available Daily: Selection of Salads 9, Homemade Bread 1, 3, 7, 9.

Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

Allergen Accreditation

Remember... Reception, Year 1 and 2 are entitled to free school meals. This excludes independent schools.

