



L A L E H A M L E A

A Catholic Independent Primary School for boys and girls aged 3 to 11

Head Teacher: Ms K Barry

L A L E H A M L E A S C H O O L & N U R S E R Y

P S H E P O L I C Y

This is a whole school policy which applies to all sections of the school, including Early Years Foundation Stage, Out of School Care and Clubs.

	Date	Signed
Date reviewed	November 2022	<i>K Barry</i> Head Teacher
Ratified by the Board of Governors	November 2022	<i>M Ryan</i> Chair of Governors
Date of next review	November 2024	



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MISSION STATEMENT

Recognising that Gospel values are central to the life of the school, we at Laleham Lea aim to create a loving, welcoming environment in which our children may grow intellectually, socially and emotionally; an environment in which their talents are recognised and fostered and their weaknesses treated with compassion; an environment which provides quality teaching and learning within a balanced curriculum framework and which helps every child to reach their true potential.

Together with parents, who are the first educators, we aim to lead our children towards tolerance, understanding and sensitivity to the needs of others so that they may grow up as well balanced individuals with a strong sense of personal identity and an awareness of God's love.

Introduction

Laleham Lea attaches great importance to Personal, Social and Health and Economic Education and its place in the school Curriculum. At Laleham Lea we see Personal, Social, Health and Economic Education (PSHE) as being at the centre of all that we do.

- PSHE is a non-statutory subject. Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the new national curriculum 2014;
- The promotion of pupils' personal development (which includes their social development) is a fundamental aspect of education and underpins all other learning;
- Through our curriculum, our school environment, our Mission Statement, our School Prayer and our school Catholic ethos, we promote Gospel values, pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community.
- Laleham Lea actively promotes British Values in our community. The Government emphasises that schools are required to ensure that key 'British Values' are taught in all UK schools. The government set out its definition of British values in the 2011 Prevent Strategy. We explore these values through our assemblies, RE curriculum and PSHE work. Our Student Council Elections demonstrate democracy in action with each class electing their Student Council representatives each year. Visits to Parliament also develop student knowledge and understanding of democracy.
- Laleham Lea encourages respect for other people, with particular regard to the protected characteristics under Section 4 of the Equality Act 2010:
 - a. Age



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- b. Disability
- c. Gender reassignment
- d. Marriage and Civil Partnership
- e. Pregnancy and Maternity
- f. Race
- g. Religion or belief
- h. Sex
- i. Sexual orientation

The Aims of Personal, Social, Health and Economic Education

Children need the self-awareness, positive self-esteem and confidence to:

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility
- make the most of their own and others' abilities.

PSHE is central to the educational entitlement of all children at Laleham Lea and permeates all aspects of life in school. It is encompassed within the teaching of all subjects within the National Curriculum. The interdependent aims for the school Curriculum cannot be achieved fully without the provision of PSHE. PSHE is/will be linked closely to other cross-curricular policies, and practice, including:

- RE Policy
- Relationship and Sex Education
- E-safety
- Dealing with Bullying
- Behaviour Policy
- Child Protection/Safeguarding Policy
- Health and Safety
- British Values Policy



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- Equal Opportunities
- The Equality Act 2010 Section 4

The way the Curriculum is managed, its organisation and the varying teaching styles used are central to Laleham Lea's philosophy and ethos, its aims, attitudes and values. All contribute to the personal, social and healthy development of children in school. PSHE features as a time-tabled part of the weekly Curriculum, as well as impacting on the rest of the Curriculum.

Time Allocation

At Laleham Lea we allocate a discrete session in the timetable of 30-45 minutes each week. In addition, opportunities to teach PSHE are taken throughout the school day when teaching the full Curriculum and other cross-curricular subjects. Whole-school and Key Stage Assemblies provide an opportunity to enhance pupils' spiritual, moral, social and cultural development, promoting and celebrating the school's values and achievements, as well as the Catholic Life of the School.

Curriculum and School Organisation

Class teachers may use their own methods when teaching PSHE, while, at the same time, ensuring these complement and reflect the overall aims and philosophy of the school. PSHE is developed in the following ways.

- Class, or school-based topics, include 'Looking after Ourselves', which includes work in Science, English or RSE. A topic in Science on 'Healthy Bodies' focuses on food, diet and exercise. A topic on Dental Hygiene will also be supported by a visit from a Dentist to demonstrate good dental hygiene.
- Discrete topics are taken from the 'Badger Citizenship and PSHE' Scheme and can be used to enhance topic areas.
- Circle time – topics include discussions and activities on bullying, relationships, making choices, loss (divorce, death, separation), healthy eating, emotional literacy, stress, anger management, moral dilemmas, and so forth and will link with learning in RE, RSE and British Values.
- Sensitive issues – Staff and Governors recognise that sensitive issues may sometimes arise during circle time and each class teacher, with knowledge of their own pupils, will deal with this as it arises.
- The personal and social development of children in Laleham Lea is enhanced by work on environmental education, including projects for children to look after and improve the school and global environment. Children are actively involved in planning the development of the school grounds and co-ordinating re-



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cycling and promoting recycling through the 'Save our Planet' campaign, letters to Parliament and Art projects.

- The School Council, with two representatives from each year group from Y1-Y6, is involved in the running of the school. Regular meetings are held to discuss and take decisions on various aspects of school life, including, the school environment, behaviour and charity fund-raising activities. Our Faith Monitors also contribute to developing the life of the school.
- Relationship and Sex Education is taught at Laleham Lea in keeping with the wishes of the Catholic Church. Parents receive information during our Curriculum Evening and are able to ask questions to understand how RSE is taught here.

In planning the Curriculum, teachers at Laleham Lea provide:

- a clear, consistent framework of values, supported and agreed by all, in which to work
- a classroom climate that encourages a high level of interest and all children to explore hypotheses
- opportunities for personal growth outside the classroom through responsibility, extra-curricular activities and educational visits.
- Opportunities for responsibility include Year 6 promotions to Prefect, House Captains, Buddies and more.

All staff promote positive approaches to behaviour and our Behaviour Policy reflects this. It sets clear guidelines for both parents and children. We provide opportunities for personal, social, and health development through:

- individual, peer group, collaborative group work, discussion and role-play (including Drama)
- involvement in a range of problem solving activities
- preparation and presentation of tasks for different audiences
- positive self-assessment
- positive marking, with oral or written comments
- active participation in the community served by the school.

Through our general routines, in and out of the classroom, and the way in which individuals relate to each other in this Catholic school, children are helped to form their own attitudes and values. By building positive working relationships between pupils and staff, all members of our school family are valued as individuals. Children learn



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the need for good manners, self-discipline and appropriate behaviour, in whatever situation they find themselves.

A system of rewards and awards is in place to recognise each child's personal and social development. Children are actively encouraged to share their achievements, both in and outside school and time is given for this at assemblies.

Partnership with Parents and the Local Community

At Laleham Lea, we aim for PSHE to complement the personal and social development of children provided in the home and the local community. A high priority is given to working with parents and is a vital part of the whole-school approach. Parents are encouraged to become involved in the life of the school, helping with fund raising, Sports' Days and enjoying coffee mornings.

Parents at Laleham Lea are kept fully informed of the school's policy for Relationship and Sex Education. Laleham Lea values the contributions of the community and outside agencies to the personal, social and health development of its children through active involvement in the life and philosophy of the school.

Laleham Lea invites a wide range of representatives to talk to the children, including, Doctors, Dentists, the Local MP, Civic Leaders, the Police, the Fire Service, and the Parish Priest.