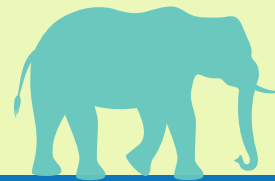


WEEKLY MENU

LET'S **SAVE** THE **WORLD** TOGETHER



WEEK 1

15TH APR . 13TH MAY
17TH JUNE . 15TH JULY
2ND SEPT . 30TH SEPT

MONDAY

Cheese & Tomato Pinwheel 1,7 V
Sweet Potato & Bean Pie VG
Jackets with a Choice of Toppings 7,8,9
Baked Potato Wedges, Peas, Carrots
Peach Crumble 1 VG & Custard 7
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

WEEK 2

22ND APR . 20TH MAY
24TH JUNE . 22ND JULY
9TH SEPT . 7TH OCT

Chicken & Vegetable Pie 1
Pesto Pasta Bake 1,7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Seasonal Vegetables
Ice Cream 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

WEEK 3

29TH APR . 3RD JUNE
1ST JULY . 16TH SEPT
14TH OCT

Chicken Curry
Cheesy Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9
Rice, Seasonal Vegetables, Herby Bread 1,3,7,9
Apple Crumble 1 VG & Custard 7
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

WEEK 4

6TH MAY . 10TH JUNE
8TH JULY . 23RD SEPT
21ST OCT

Jerk Chicken
Tomato & Herb Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9
Rice & Peas, Cauliflower, Carrots
Ice Cream 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

TUESDAY

Beef & Onion Pie 1
Cheesy Pasta Twists 1,7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Seasonal Vegetables
Strawberry Mousse 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Margherita Pizza 1,3,7,9 V
Loaded Cajun Bean Wedges VG
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Sweetcorn, Peppers
Chocolate Pudding 1,9 & Chocolate Sauce 7
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

Chicken Sausages & Gravy 1,6
Vegetable Lasagne 1,3,4,7,9 V
Jackets with a Choice of Toppings 7,8,9
Mashed Potato, Baked Beans, Broccoli
Banana & Toffee Cake 1,7,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Noodles 1,3,16
Cheese & Bean Wrap Pocket 1,7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Seasonal Vegetables
Jam Tart 1,6 VG & Custard 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

WEDNESDAY

Roast Beef with Yorkshire Pudding 1,7,9
Bean Chilli with Baked Tortilla Chips 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Broccoli, Sweetcorn
Raspberry Frozen Yoghurt 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Roast Chicken & Gravy
BBQ Vegetable Burrito 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Cabbage, Carrots
Fruit Jelly VG, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Roast Pork & Gravy
Samosa Puff 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Green Beans, Carrots
Crispy Cake 3,7,16, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Roast Chicken & Gravy
Vegetable Toad in The Hole 1,7,9 V
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Cabbage, Peas
Fruit Jelly VG, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Chicken Fajitas 1,4
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9
Rice, Cauliflower, Carrots
Traybake Pancake 1,7,9 & Berry or Chocolate Sauce
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

Cottage Pie
Macaroni Cheese 1,7 V
Jackets with a Choice of Toppings 7,8,9
Carrots, Green Beans, Garlic Bread 1,3,7,9
Peach Sponge 1,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

BBQ Pulled Pork Loaded Wedges
Herby Tomato Penne Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9
Sweetcorn, Courgettes
Lemon Drizzle Cake 1,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Penne Bolognese 1
Rice & Bean Burrito 1 VG
Jackets with a Choice of Toppings 7,8,9
Baked Wedges, Green Beans
Sweetcorn, Garlic Bread 1,3,7,9
Beetroot Cake 1,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

FRIDAY

Margherita Pizza 1,3,7,9 V
Salmon Pasta 1,7,8
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Carrot Sticks
Oaty Biscuit 1,15 VG
Yoghurt 3,7, Fruit Pots VG

Battered Fish 8
Cheese & Spinach Pinwheel 1,7 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Coleslaw 9
Ginger Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8
Summer Frittata 7,9 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Cucumber Sticks
Caramel Cookie 1,7
Yoghurt 3,7, Fruit Pots VG

Battered Fish 8
Vegetable Pastie 1 VG
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Coleslaw 9
Vegan Brownie 1 VG
Yoghurt 3,7, Fruit Pots VG

KEY:
VG Vegan V Vegetarian

AVAILABLE DAILY:
Selection of Salads 9, Homemade Bread 1,3,7,9.
Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



LOOK OUT FOR OUR THEMED DAYS!



Come, Lord Jesus, be our guest.
May this food by you be blessed.
Amen

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten