

WEEKLY MENU

LET'S SAVE THE WORLD TOGETHER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>Cheese & Tomato Pinwheel 1.7 V Sweet Potato & Bean Pie VG Jackets with a Choice of Toppings 7.8.9 Baked Potato Wedges, Peas, Carrots Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG, Yoghurt 3.7, Fruit Pots VG</p>	<p>Beef & Onion Pie 1 Cheesy Pasta Twists 1.7 V Jackets with a Choice of Toppings 7.8.9 New Potatoes, Seasonal Vegetables Strawberry Mousse 7, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Roast Beef with Yorkshire Pudding 1.7.9 Bean Chili with Baked Tortilla Chips 1 VG Jackets with a Choice of Toppings 7.8.9 Rustic Roast Potatoes, Broccoli, Sweetcorn Raspberry Frozen Yoghurt 7, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Chicken Fajitas 1.4 Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7.8.9 Rice, Cauliflower, Carrots Troydala Pancake 1.7.9 & Berry or Chocolate Sauce Mr Nourish Biscuit 1 VG, Yoghurt 3.7, Fruit Pots VG</p>	<p>Margherita Pizza 1.3.7.9 V Salmon Pasta 1.7.8 Jackets with a Choice of Toppings 7.8.9 Chips, Peas, Baked Beans, Carrot Sticks Gutty Biscuit 1.15 VG Yoghurt 3.7, Fruit Pots VG</p>
WEEK 2	<p>Chicken & Vegetable Pie 1 Pesto Pasta Bolo 1.7 V Jackets with a Choice of Toppings 7.8.9 New Potatoes, Seasonal Vegetables Ice Cream 7, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Margherita Pizza 1.3.7.9 V Loaded Cajun Bean Wedges VG Jackets with a Choice of Toppings 7.8.9 New Potatoes, Sweetcorn, Peppers Chocolate Pudding 1.9 & Chocolate Sauce 7 Mr Nourish Biscuit 1 VG, Yoghurt 3.7, Fruit Pots VG</p>	<p>Roast Chicken & Gravy BBQ Vegetable Burrito 1 VG Jackets with a Choice of Toppings 7.8.9 Rustic Roast Potatoes, Cabbage, Carrots Fruit Jelly VG, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Cottage Pie Macaroni Cheese 1.7 V Jackets with a Choice of Toppings 7.8.9 Carrots, Green Beans, Garlic Bread 1.3.7.9 Peach Sponge 1.9, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Battered Fish 8 Cheese & Spinach Pinwheel 1.7 V Jackets with a Choice of Toppings 7.8.9 Chips, Peas, Baked Beans, Cauliflower 9 Ginger Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>
WEEK 3	<p>Chicken Curry Cheesy Pasta 1.7 V Jackets with a Choice of Toppings 7.8.9 Rice, Seasonal Vegetables, Herby Bread 1.3.7.9 Apple Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG, Yoghurt 3.7, Fruit Pots VG</p>	<p>Chicken Sausages & Gravy 1.6 Vegetable Lasagne 1.3.4.7.9 V Jackets with a Choice of Toppings 7.8.9 Washed Potato, Baked Beans, Broccoli Banana & Toffee Cake 1.7.9, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Roast Pork & Gravy Sausage Puff 1 VG Jackets with a Choice of Toppings 7.8.9 Rustic Roast Potatoes, Green Beans, Carrots Crispy Cake 3.2.16, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>BBQ Pulled Pork Loaded Wedges Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7.8.9 Sweetcorn, Courgettes Lemon Drizzle Cake 1.9, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Fish Fingers 1.8 Summer Fritters 7.9 V Jackets with a Choice of Toppings 7.8.9 Chips, Peas, Baked Beans, Cucumber Sticks Caramel Cookies 1.7 Yoghurt 3.7, Fruit Pots VG</p>
WEEK 4	<p>Jerk Chicken Tomato & Herb Pasta 1 VG Jackets with a Choice of Toppings 7.8.9 Rice & Peas, Cauliflower, Carrots Ice Cream 7, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Chicken Noodles 1.3.16 Cheese & Bean Wrap Pocket 1.7 V Jackets with a Choice of Toppings 7.8.9 New Potatoes, Seasonal Vegetables Jam Tart 1.6 VG & Custard 7, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Roast Chicken & Gravy Vegetable Tied in The Hole 1.7.9 V Jackets with a Choice of Toppings 7.8.9 Rustic Roast Potatoes, Cabbage, Peas Fruit Jelly VG, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Penne Bolognese 1 Rice & Bean Burrito 1 VG Jackets with a Choice of Toppings 7.8.9 Baked Wedges, Green Beans, Sweetcorn, Garlic Bread 1.3.7.9 Bourbon Cake 1.9, Mr Nourish Biscuit 1 VG Yoghurt 3.7, Fruit Pots VG</p>	<p>Battered Fish 8 Vegetable Pasta 1 VG Jackets with a Choice of Toppings 7.8.9 Chips, Peas, Baked Beans, Cauliflower 9 Vegan Brownie 1 VG Yoghurt 3.7, Fruit Pots VG</p>

KEY:
VG Vegan V Vegetarian

AVAILABLE DAILY:
Selection of Salads 9. Homemade Bread 1.3.7.9
Some of our schools may use pre-prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



LOOK OUT FOR OUR THEMED DAYS!



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Eggs 10 Peanuts 11 Nuts 12 Celery/Celery 13 Nuts 14 Lupins 15 Hot Gluten 16 Barley Gluten

Come, Lord Jesus, be our guest
May this food by you be blessed.
Amen