



L A L E H A M L E A

A Catholic Independent Primary School for boys and girls aged 3 to 11

Acting Head Teacher: Mrs M Reece

LALEHAM LEA SCHOOL & NURSERY

PSHE POLICY

This is a whole school policy which applies to all sections of the school, including Early Years Foundation Stage, Out of School Care and Clubs.

	Date	Signed
Date reviewed	March 2025	<i>M Reece</i> Acting Headteacher <i>A Morbin</i> Deputy Headteacher
Ratified by the Board of Governors	March 2025	<i>M Ryan</i> Chair of Governors
Date of next review	March 2027	



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MISSION STATEMENT

Recognising that Gospel values are central to the life of the school, we at Laleham Lea aim to create a loving, welcoming environment in which our children may grow intellectually, socially and emotionally; an environment in which their talents are recognised and fostered and their weaknesses treated with compassion; an environment which provides quality teaching and learning within a balanced curriculum framework and which helps every child to reach their true potential.

Together with parents, who are the first educators, we aim to lead our children towards tolerance, understanding and sensitivity to the needs of others so that they may grow up as well balanced individuals with a strong sense of personal identity and an awareness of God's love.

Introduction

Laleham Lea attaches great importance to Personal, Social and Health and Economic Education and its place in the school Curriculum. At Laleham Lea we see Personal, Social, Health and Economic Education (PSHE) as being at the centre of all that we do.

- Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the new national curriculum 2014;
- This policy is designed to provide the basis for consistent and effective delivery of PSHE in order to fulfil school and statutory guidelines and, ultimately, to promote safety and wellbeing. This policy relates to all aspects of school life and includes its role in promoting spiritual, moral, social and cultural development (SMSC) of all pupils.
- At Laleham Lea we are committed to our children's academic, personal, cultural, social, emotional, spiritual and moral development and to preparing them for the responsibilities and experiences of life outside of formal education.
- Through our curriculum, our school environment, our Mission Statement, our School Prayer and our school Catholic ethos, we promote Gospel values, pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community.
- The DFE (November 2014) states that within the PSHE programme, schools should promote the fundamental British Values of democracy, rule of law, individual liberty and respect and tolerance. The understanding and knowledge expected of pupils as a result of the promotion of fundamental British values includes:



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- an understanding of how citizens can influence decision-making through the democratic process;
- an appreciation that living under the rule of law protects individual citizens and is essential for their well-being and safety;
- an understanding that there is a separation of power between the executive and the judiciary, and that while some public bodies such as the police and the army can be held to account through Parliament, others such as the courts maintain independence;
- an understanding that the freedom to choose and hold other faiths and beliefs is protected in law;
- an acceptance that other people having different faiths or beliefs (or having none) should be accepted and tolerated, and should not be the cause of prejudicial or discriminatory behaviour; and
- an understanding of the importance of identifying and combatting discrimination.

Laleham Lea encourages respect for other people, with particular regard to the protected characteristics under Section 4 of the Equality Act 2010:

- a. Age
- b. Disability
- c. Gender reassignment
- d. Marriage and Civil Partnership
- e. Pregnancy and Maternity
- f. Race
- g. Religion or belief
- h. Sex
- i. Sexual orientation



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The Aims of Personal, Social, Health and Economic Education

Children need the self-awareness, positive self-esteem and confidence to:

- stay as healthy as possible
- keep themselves and others safe
- respect the differences between people
- develop independence and responsibility
- make the most of their own and others' abilities.
- PSHE provides children with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community.
- learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

PSHE is central to the educational entitlement of all children at Laleham Lea and permeates all aspects of life in school. It is encompassed within the teaching of all subjects within the National Curriculum. The interdependent aims for the school Curriculum cannot be achieved fully without the provision of PSHE. PSHE is/will be linked closely to other cross-curricular policies, and practice, including:

- RE Policy
- Relationship and Sex Education
- E-safety
- Anti-Bullying
- Behaviour Policy
- Child Protection/Safeguarding Policy
- Health and Safety
- British Values Policy
- Equal Opportunities
- The Equality Act 2010 Section 4

The way the Curriculum is managed, its organisation and the varying teaching styles used are central to Laleham Lea's philosophy and ethos, its aims, attitudes and values. All contribute to the personal, social and healthy development of children in school. PSHE features as a time-tabled part of the weekly Curriculum, as well as



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impacting on the rest of the Curriculum.

Time Allocation

Opportunities to teach PSHE are taken throughout the school day when teaching the full Curriculum and other cross-curricular subjects. Whole-school and Key Stage Assemblies provide an opportunity to enhance pupils' spiritual, moral, social and cultural development, promoting and celebrating the school's values and achievements, as well as the Catholic Life of the School.

Curriculum and School Organisation

At Laleham Lea, we have chosen to use the programme: Life to the Full Plus by Ten:Ten Resources to support the teaching of PSHE and RSE within the school.

Life to the Full Plus is a comprehensive and fully resourced programme which embraces and fulfils the statutory curriculum for RSE and each branch of PSHE, within a Catholic Context.

The programme adopts a spiral curriculum approach so that, as our children go through the programme year after year, their learning will develop and grow at an age-appropriate stage, with each stage building on from the last. The entire teaching is underpinned by a religious understanding that our deepest identity is as a child of God- created, chosen and loved by God.

In the EYFS, PHSE falls under the Prime Area of Learning, PSED and is taught through Ten Ten Life to the Full Plus during a weekly dedicated Circle Time lesson for Nursery and Reception. In addition to this, strands of PHSE run through EYFS curriculum areas. These curriculum areas, learning experiences and activities are planned for both in the 7 inter-connected strands of learning, EYFS Schemes of Work and the Weekly plans, often with a cross-curricular approach.

In addition, PSHE is supported through:

- The Religious Education, RSE, British Values, ICT/Computing and Geography schemes of work, which includes the themes of cultural and religious understanding, morality and mutual respect and global perspectives;
- Class, or school-based topics, include 'Looking after Ourselves', which includes work in Science, English or RSE. A topic in Science on 'Healthy Bodies' focuses on food, diet and exercise. A topic on Dental Hygiene will also be supported by a visit from a Dentist to demonstrate good dental hygiene.



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- Topics include discussions and activities on bullying, relationships, making choices, loss, healthy eating, emotional literacy, stress, anger management, moral dilemmas, and so forth and will link with learning in RE, RSE and British Values.
- Sensitive issues – Staff and Governors recognise that sensitive issues may sometimes arise during circle time/discussions and each class teacher, with knowledge of their own pupils, will deal with this as it arises.
- The personal and social development of children in Laleham Lea is enhanced by work on environmental education, including projects for children to look after and improve the school and global environment. Children are actively involved in planning the development of the school grounds and co-ordinating recycling and promoting recycling through our Eco committee.
- The School Council, with one representative from each year group from Y1-Y6, is involved in the running of the school. Regular meetings are held to discuss and take decisions on various aspects of school life, including, the school environment, behaviour and charity fund-raising activities. Our Pupil Chaplains and Little Disciples also contribute to developing the life of the school.
- Relationship and Sex Education is taught at Laleham Lea in keeping with the wishes of the Catholic Church using Ten Ten Life to the Full Plus. Parents receive information during our Curriculum Evening and are able to ask questions to understand how RSE is taught here. Parents can also access the Ten Ten parental portal.
- Nursery upwards learn about E-Safety as part of everyday teaching, through our internet safety week and through the ICT/Computing curriculum.

First Aid:

DFE guidelines state that all schools will be required to teach first aid as part of health education. To ensure that pupils have covered every aspect of basic first aid by the time they leave, in Year 6 children complete basic first aid training.

In planning the Curriculum, teachers at Laleham Lea provide:

- a clear, consistent framework of values, supported and agreed by all, in which to work
- a classroom climate that encourages a high level of interest and all children to explore hypotheses
- opportunities for personal growth outside the classroom through responsibility, extra-curricular activities and educational visits.



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- Opportunities for responsibility include Year 6 promotions to Prefect, House Captains, Buddies and more.

All staff promote positive approaches to behaviour and our Behaviour Policy reflects this. It sets clear guidelines for both parents and children. We provide opportunities for personal, social, and health development through:

- individual, peer group, collaborative group work, discussion and role-play (including Drama)
- involvement in a range of problem solving activities
- preparation and presentation of tasks for different audiences
- positive self-assessment
- positive marking, with oral or written comments
- active participation in the community served by the school.

Through our general routines, in and out of the classroom, and the way in which individuals relate to each other in this Catholic school, children are helped to form their own attitudes and values. By building positive working relationships between pupils and staff, all members of our school family are valued as individuals. Children learn the need for good manners, self-discipline and appropriate behaviour, in whatever situation they find themselves.

A system of rewards and awards is in place to recognise each child's personal and social development. Children are actively encouraged to share their achievements, both in and outside school and time is given for this at assemblies.

Partnership with Parents and the Local Community

At Laleham Lea, we aim for PSHE to complement the personal and social development of children provided in the home and the local community. A high priority is given to working with parents and is a vital part of the whole-school approach. Parents are encouraged to become involved in the life of the school, helping with fund raising, Sports' Days and enjoying class assemblies, Masses, Nativity plays and Easter concerts.

Parents at Laleham Lea are kept fully informed of the school's policy for Relationship and Sex Education. Laleham Lea values the contributions of the community and outside agencies to the personal, social and health development of its children through active involvement in the life and philosophy of the school.

Laleham Lea invites a wide range of representatives to talk to the children, including, Doctors, Dentists, the Local MP, Civic Leaders, the Police, the Fire Service, and the Parish Priest.