



## Laleham Lea School

### **RE Newsletter – Spring Term 1 2026**

*Be the light to those around you!*

5<sup>th</sup> Jan – 13<sup>th</sup> Feb 2026

Dear Parents and Carers,

January often feels like a fresh page: a new year, a new term and a chance for new beginnings. Many families use this time to think about hopes for the year ahead – perhaps to grow in kindness, gratitude or faith. Through our RE topics and Prayer and Liturgy, children will be reminded that God is with them at the start of this new year, and that Jesus is the light that guides them each day.

Children will be encouraged to shine Jesus' light by helping others to see His love, kindness and goodness through what they say and do.

You might like to use this prayer as a family at home:

**Jesus,  
You are the true light.  
The light of life,  
The light on my path,  
The light of glory!**

**May your light shine brightly  
through my words and actions each day.**

**Amen**

In this issue of the newsletter you will find what your child is learning about in each year group. We hope you find this newsletter of interest and as always, please keep us in your prayers as we continue to support your children in their religious education.

Dates from the Church's calendar:

4 <sup>th</sup> January	The Epiphany of the Lord	2 <sup>nd</sup> February	The Presentation of the Lord
11 <sup>th</sup> January	The Baptism of the Lord	8 <sup>th</sup> February	St Josephine Bakhita
12 <sup>th</sup> January	St. Aelred of Rievaulx	11 <sup>th</sup> February	Our Lady of Lourdes
25 <sup>th</sup> January	Conversion of St. Paul	18 <sup>th</sup> February	Ash Wednesday
28 <sup>th</sup> January	St Thomas Aquinas		

### **Nursery and Reception - Getting to know Jesus**

This half term, the children in the Nursery and the Reception classes will be getting to know Jesus. Throughout the topic, the children will be given opportunities to become aware that Jesus has a great love for each one of us and will think of ways in which we can show our love for Jesus. They will hear that Jesus cured people who were sick and think of ways we can show our love for sick people. Children will learn about the loss and finding of Jesus in the Temple and reflect on the meaning of this for Mary and Joseph.

#### At home

You could help your children by:

- saying or sharing prayers together
- talk about people who help us e.g. nurses, doctors



- talk about how we can help others
- giving them jobs which help at home

## Year 1 - Families and Celebrations

***"The Christian family ... can and should be called a domestic church.  
It is a community of faith, hope and charity"***

*Catechism of the Catholic Church*

The children will learn about what it means to be a member of a family and to be a member of the school community. They will learn what it means to belong to the Church family.



They will hear how Jesus' family took him to the Temple and think about why this was a special occasion. They will learn about some of the celebrations in the Church and why we celebrate these occasions, for example Baptism.

### At home

You could help your children by:

- discussing the importance of celebrations in our lives
- talking to your child about their Baptism

## Year 2 - The Good News

***"Jesus is sent to preach good news to the poor. Jesus identifies himself with the poor of every kind and makes active love toward them the condition for entering his kingdom."***

*Catechism of the Catholic Church*

The children will learn that Jesus brought the good news of God's love and that this changed people's lives. They will learn that Jesus used his power to help others and reflect on the importance of these events.

They will reflect on how they can bring good news to their family and friends.

### At home

You could help your children by:

- highlighting opportunities when they can give thanks to God
- read stories about Jesus helping people, e.g. The feeding of the 5000

## Year 3 — Reconciliation

***"During his public life Jesus not only forgave sins, but also made plain the effect of this forgiveness: he reintegrated forgiven sinners into the community ... from which sin had alienated or even excluded them. A remarkable sign of this is the fact that Jesus receives sinners at his table."***

*Catechism of the Catholic Church*

The children will develop their understanding that Jesus called people to change, to turn away from sin and receive the love of God. They will learn that it is not always easy to change and find out about some individuals who changed through the help of Jesus.

They will learn that the Sacrament of Reconciliation is a celebration of God's love and forgiveness and begin to learn an Act of Sorrow. They will learn that Lent is a time to change in order to prepare for Easter.



#### At home

You could help your children by:

- thinking about how Jesus changes our lives
- reading the story of Zacchaeus



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### Year 4 - Jesus the Teacher

The children will learn that Jesus was born into a Jewish family and find out about the story of the presentation in the Temple. They will learn that Jesus attended synagogue as a child and as an adult read the Torah. They will learn that Jesus travelled about teaching people.

The children will learn that Jesus came to show us the way to live, understand why Jesus used parables to teach people and know and understand some of the parables Jesus told. The children will have a chance to appreciate the relevance of the parables for us today and recognise that Lent gives us an opportunity to live as Jesus wants us to.

#### At home:

You could help your children by:

- read some well known parables, e.g. 'The Sower' and talk about what they mean for us

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### Year 5 - Inspirational People

***"Love of neighbour ... involves working for a just society... It includes love for the poor. Love of neighbour is also an expression of our search for God."***

*Religious Education Curriculum Directory*

The children will learn about the conditions for following Jesus and learn how Jesus described a true disciple. They will have a chance to reflect on their commitment to following Jesus. They will learn the story of a person who had a special love for those rejected by society and about someone who was an inspiration for young people. They will identify people today who are an inspiration in their service of others.

#### At home:

You could help your children by

- encouraging them to research some information about inspirational people and saints



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### Year 6 - Exploration of the Mass

***"At the heart of the Eucharistic celebration are the bread and wine that become in reality Christ's Body and Blood. Catholic faith adores this enduring presence of Christ not only within the celebration of the Mass but also outside it."***

*Religious Education Curriculum Directory*

The children will learn that the Sacrament of the Eucharist is a thanksgiving for the life, death and resurrection of Jesus. They will begin to understand that in the Mass we participate in Jesus' sacrifice to God the Father and learn what happened at the Last Supper.

They will learn the different parts of the Mass and become familiar with most of the responses. The children will learn that the bread and wine are consecrated during Mass and become the body and blood of Jesus. The children will have a chance to reflect on the sacrifice of Jesus and reflect on the sacrifices they can make during Lent.

#### At home:

You could help your children by:

- challenging them during the week to describe what they have been learning during their RE lessons asking them to explain it to you.

Pupils will explore different parts of the Mass:

- The Penetential Act
- The Liturgy of the Word
- The Offertory
- The Consecration
- Holy Communion